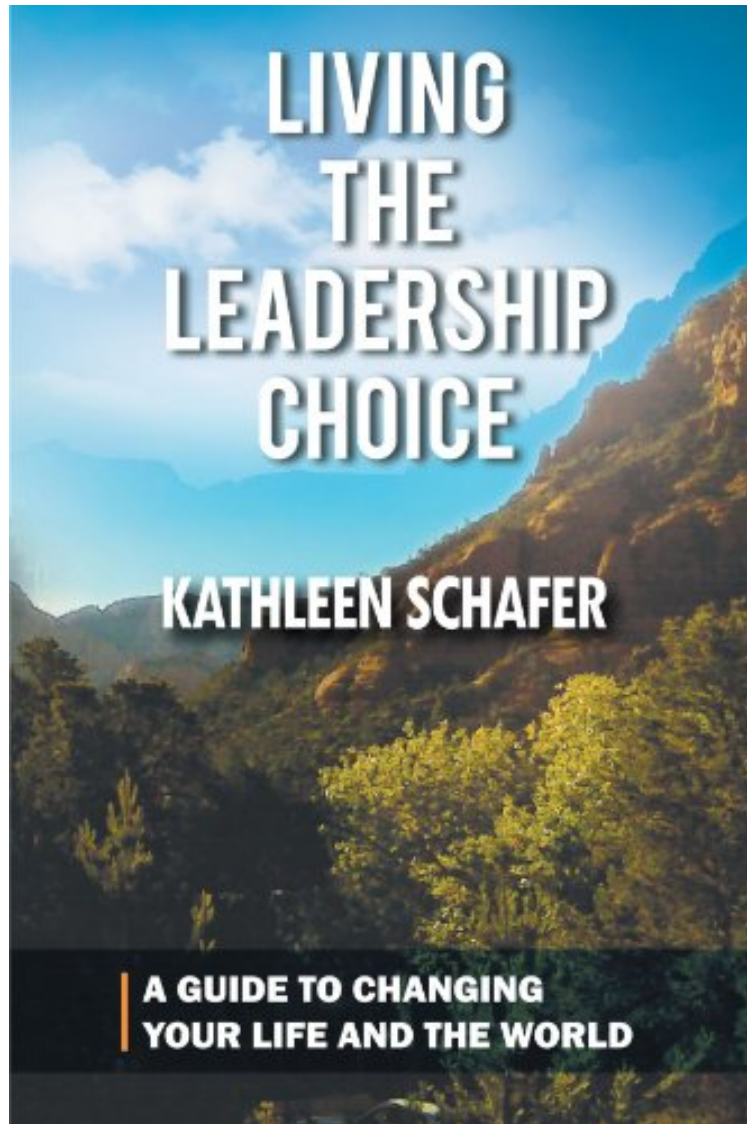


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get un-stuck in areas where I felt that I didn't know how to give my all, helped me to re-ground in the mission that I love, and to be more aware of my abilities and what I can improve on. And your coaching sessions have been invaluable! One of the things that helped the most is understanding, in a visceral way, that I will get to where I want to be through day to day choices. While we've all read that the journey of a thousand miles begins with a single step, knowing how to take those single steps is hard. You helped me to understand what I can bring to the journey: how to take responsibility and joy in truly giving every day my best, in big and small ways. 0 of 0 people found the following review helpful. Must Read By tofer Kathleen Shafer's new book, *Living The leadership Choice*, is a road map for personal fulfillment utilizing leadership as its vehicle. She challenges her readers to do the hard work of self-reflection, but the results are well worth the effort. The process is structured over 28 days, with each day building upon the next. Ms. Schafer's book contains tangible, concrete actions in which to put her advice into practice. Readers are encouraged to keep a journal and assemble a team to accomplish their leadership goals. Her passion in helping others is obvious; she is insightful, idealistic, encouraging, and downright funny. I highly recommend her book to anyone striving to reach her or his true potential. 0 of 0 people found the following review helpful. Twenty-eight days to change your life? Yes, please! By Debi Leigh *Living the Leadership Choice* is a twenty-eight day guide for making small but effective changes in your daily life. What I love about this book is that all of Kathleen's daily thoughts and exercises are relevant to our individual life paths in our relationships with family and friends, self, colleagues, and the world. The manner in which this book was written makes it easy to digest and take on the twenty-eight day challenge with ease. Every day has a guiding thought, a journal exercise, some ideas on how to take action, and personal insight from Kathleen's own transformational journey.

Success in the twenty-first century requires leaders who know themselves and are capable of being their best in every facet of their lives. More than ever before, we need leaders throughout society who are able to face the challenges and changes in our homes, communities, businesses, and government—they are not "other" people with special skills. They are people just like you who have made a commitment to living the leadership choice. During her twenty-year career, leadership expert Kathleen Schafer has continually broken new ground in how we understand leadership and apply it in our lives. From students to elected officials, her work has benefited a wide range of people seeking fulfillment in their lives along with a broad impact on the world. This book encapsulates her innovative approach to leadership development in twenty-eight daily lessons. Within a month, you'll identify your greatest assets, potential, and purpose and understand how to put them to work, so you can create the career and life you desire, becoming the change you wish to see in the world.

About the Author Kathleen Schafer is the founder of Leadership Connection, dedicated to supporting leaders committed to living fulfilling lives while changing the world. During her vast and varied twenty-year career, she has, among many things, worked in state government, hosted a nationally syndicated radio program, taught at The George Washington University, and spoken to audiences and classrooms throughout the world on her innovative approach to leadership development and change. For more information, please visit: www.leadershipconnection.net